



**Southern Colorado  
Harm Reduction Association**



*invites you to join*

**CRAFT: Community Reinforcement and Family Training**  
Education and Support for Family and Friends of  
Someone who Struggles with Addiction

CRAFT is a skills-based program that impacts families in multiple areas of their lives, including self-care, problem solving, and goal setting. CRAFT teaches families behavioral and motivational strategies for interacting with their loved one, including addressing their loved one's resistance to change.

- Understanding a loved one's triggers to use substances
- Positive communication strategies
- Positive reinforcement strategies
- Problem-solving
- Self-care
- Domestic violence precautions
- Encourage a loved one to accept help

To sign up, call: (719) 289-7149

Visit us at: [www.socoharmreduction.org](http://www.socoharmreduction.org)

**MONDAYS - ONLINE - 5:30-7PM**

Join Zoom Meeting

<https://us02web.zoom.us/j/89994044640>

Meeting ID: 899 9404 4640

Passcode: 951431

One tap mobile

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US (Houston)

